

## The five highest and lowest salt sausages - Australia 2018

March 2018

### Top five highest salt sausages

Product Name (including brand)	Manufacturer	Serving Size	Sodium (mg/100g)	Sodium (mg/serve)	Salt (g/100g)	Salt (g/serve)
Coles Thin Pork BBQ Sausages	Coles	71	1170	819	2.9	2.0
Coles Australian Beef Thin BBQ Sausages	Coles	70	950	618	2.4	1.5
Brannan's Butchery Classic Aussie Beef Sausages	Aldi	71	948	673	2.4	1.7
Coles Sow Stall Free Australian Pork Chipolatas	Coles	35	940	658	2.4	1.6
Coles Australian Beef Thick BBQ Sausages	Coles	93	910	792	2.3	2.0

### Top five lowest salt sausages

Product Name (including brand)	Manufacturer	Serving Size	Sodium (mg/100g)	Sodium (mg/serve)	Salt (g/100g)	Salt (g/serve)
Cleaver's Organic Beef Sausages	Arcadian Organic and Natural Meat Co	75	383	287	0.95	0.7
Beak & Sons Classics Tuscan Pork Gourmet Pork Sausages	Beak & Johnston Pty Ltd	84	397	333	1.0	0.8
K-roo Kanga Bangas	Macro Meats	125	400	500	1.0	1.3
Woolworths Lamb Sausages Mint & Rosemary	Woolworths	83	410	340	1.0	0.9
Woolworths Chicken Sausages Chives, Thyme & Rosemary	Woolworths	83	430	357	1.0	0.9